

Programme

Programmes and instruction for group activity weeks are organised by Centre Managers, Pete and Susie Cook, both of whom have years of experience in the worlds of teaching and outdoor pursuits.

Groups staying for the weekend can arrive from 4pm onwards. We may be able to provide an evening meal on Friday if required. Depending on arrival time we can then run an activity or wide game in the evening.

Saturday would usually be taken up with activities all day, an evening game and conclude with an epilogue.

Sunday generally includes a short service in the morning followed by activities, lunch and then more activities if you have time before you depart. If you are here for a stay other than at a weekend then your arrival and departure times will be discussed when planning your programme.

Some groups prefer to organise their own Christian teaching sessions. In that case we will fit in activities and meals around your desired time slots. We aim to be flexible and the programme can be tailored to the needs of your group. Please call or email us to discuss the details.

The minimum number for a group wanting a weekend stay is 10 and the maximum is 50.

When booking please feel free to discuss with us any details that will help make your stay at Min-y-Don just right for your group.



Accommodation

Dormitories

Inside the main building, the dormitories have a mix of single beds and bunks. Most dorms have a shower and toilet, but all have washbasins and are situated close to bathrooms and showers.

Twin and single rooms

Twin and single rooms either have ensuite facilities or have a washbasin and are situated close to bathrooms and showers.

Bedding and towels

Duvets, blankets, pillows and pillowcases are provided in all rooms. All guests need to bring their own towels.

Catering

We cater for most dietary needs, details of which can be discussed when booking.

Activities

We have a great range of activities on-site and we charge no extra for taking part!

For most group booking holidays we operate a 'sign-up and turn-up' system, leaving you free to do as much or as little as you like! Ideal for those wanting an action packed week or weekend yet with plenty of time to relax with your group.

Some groups prefer to be organised into 'Activity Groups' and have a timetabled style of programme where each group visits each activity on a rotation basis. Just let us know when you book which style of activity programme you would prefer.

If you do decide to book you will receive all the information you need to plan your stay, including an information sheet for group leaders, an Activity Planner, Parental Consent Form (for under 18s with you), an accommodation plan, kit list and directions to Min-y-Don.



Activities include:

kayaking, canoeing,
rock climbing, abseiling,
archery, orienteering,
aerial runway, hill walks,
high & low ropes courses,
trail cycling, treasure hunts,
team building games
and much more!



How about a day or half-day out?

Local Places of interest

The seaside town of **Barmouth** is an easy walk from Min-y-Don – across the picturesque Barmouth Bridge and into the town to visit the shops or down to the beach for fun and games.

The Centre For Alternative Technology (20 miles) has a unique Visitor Centre which aims to inspire, inform and enable people to explore new ways of living that help protect our environment. (www.cat.org.uk)

King Arthur's Labyrinth (17 miles) – explore the legend of King Arthur in a labyrinth of tunnels and caverns deep under the mountains in the heart of the Welsh Countryside. (www.kingarthurslabyrinth.co.uk)

Electric Mountain Llanberis (47 miles) – discover the amazing powers of hydro-electricity at First Hydro's Electric Mountain Visitors Centre (www.fhc.co.uk/electric_mountain.htm).

Llechwedd Slate Caverns at Blaenau Ffestiniog (29 miles) is a winner of all the top tourism awards (www.llechwedd-slate-caverns.co.uk).

Fairbourne Steam Railway (3 miles) dates back to 1895 (www.fairbournerrailway.com).

Tallylyn Steam Railway (14 miles) is a narrow gauge railway built in 1865 – the first in the world to be run by a Preservation Society. Travels from Tywyn past the Dolgoch Falls to Nant Gwernol and return (www.tallylyn.co.uk).

For more information try www.visitwales.com and click on the regional areas link to go to West Wales

How to book

Contact us first to check availability, then a provisional booking can be made by phone or email giving details of; dates, numbers and type of accommodation preferred. This will be then be held for seven days before a deposit is required. (Bookings made within 21 days of the start of the visit will require a booking form and deposit by return of post.)



Send your completed booking form with your deposit of £250. The balance of fees is then payable on arrival. (With some group bookings the balance is required one month before arrival.)

Your booking becomes a confirmed booking once the form and deposit are acknowledged by us in writing. We will also send you any additional information you require at this stage.

Health & Safety

Health & Safety is first and foremost in our planning for any group here at Min-y-Don. We have AALS Approved Risk-Assessments & Activity Procedures which parents of children visiting Min-y-Don may view if requested.

Min-y-Don has continually been updated, modernised and extended and meets all safety, fire and health regulation requirements.

Min-y-Don Christian Adventure Centre is a Government Registered Activity Provider and is registered with The Adventure Licensing Service as licensed to provide specified activities under the following headings: Kayaking, Canoeing, Raft Building, Rock Climbing, Mountain Walking and Abseiling. Licence details can be confirmed by calling The Licensing Service on 02920 755715.



Contact Details

Min-y-Don Christian Adventure Centre
Arthog, Gwynedd, LL39 1BZ

Tel: 01341 250 433

Email: holidays@minydon.com

Web: www.minydon.com



adventure & excitement - rest & relaxation

Min-y-Don
CHRISTIAN ADVENTURE CENTRE

