



Further Information for The Ultimate Adventure

We are very much looking forward to welcoming you to Min-y-Don. The following is some helpful information to assist in the smooth and safe running of your stay.

ARRIVAL

Please aim to arrive on between 4:00pm and 5:30pm.

BEDDING

All beds will be fully made up with sheets, pillowcases and duvets. Extra blankets are also made available in each room. Please bring your own towel though.

MEALS & DIETARY REQUIREMENTS

If you require a special diet for medical reasons or if you would prefer vegetarian meals and have not already notified us, it would be helpful to let the centre know at least two weeks before your stay.

TUCK SHOP

The Tuck Shop will open at various times during your stay at Min-y-Don. The shop is stocked with postcards, souvenirs, and a few essentials that you might have forgotten to bring. It also has a range of sweets, drinks and ice creams.



ACTIVITIES & PROGRAMME

Each year the Ultimate Adventure programme is carefully planned to incorporate a theme. The theme for this year's Ultimate Adventure will be revealed nearer to the start of the Adventure.

During the week we pack in as many activities and as much action as we can. However, there will also be some 'free time' during the week. This is an opportunity to head out onto the tennis court with a football, basket ball or tennis equipment or to visit the games room to play Pool, Table Tennis, Table Football or to break out Uno, cards or Twister in the lounge... or you could spend the time resting!

DAYS OUT

During the week there is likely to be an outing to Barmouth, or to another local seaside town. On these types of trips there is often an opportunity to visit the local shops, although this is optional.

WHAT TO BRING

See the kit list for full details of what you should bring, although note that bedding will be provided, as detailed above.

EVENING SESSIONS

Min-y-Don is a Christian organisation. Each day there is an opportunity to discover more about the Christian faith at our evening sessions. These times are designed to be lively and fun, as well as challenging.

DEPARTURE

Please aim to leave the site after breakfast between 10:00am and 10:30am.

If you have any more questions concerning your visit to Min-y-Don, please feel free to contact us using the details below.

THE ULTIMATE ADVENTURE

adventure & excitement – rest & relaxation

Min-y-Don
CHRISTIAN ADVENTURE CENTRE

Arthog, Gwynedd, LL39 1BZ Tel: 01341 250 433 Fax: 01341 250 686
Email: holidays@minydon.com Web: www.minydon.com

AUGUST 2017

